Organisation:\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

**D: 17 – 35 years**

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| --- | --- | --- | --- | --- | --- | --- | --- | --- |
| name | m | w | Date of birth | D1 weight | D2 | D3 | D4 | D5 |
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**D1**: tanding / fullcontact: 3x 2 minutes

**D2**: free form: 3 minutes without weapons

**D3**: free form: 3 minutes with weapons

**D4**: tunggal (single): 3 minutes

**D5**: ganda (double): 3 minutes

Name of responsible person: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Signature:\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_