Organisation:\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

**C: 14 – 16 years**

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| name | m | w | date of birth | C1 weight | C2 | C3 | C4 | C5 |
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**C1**: tanding / full contact: 3x 2 minutes

**C2**: free form: 3 minutes without weapons

**C3**: free form: 3 minutes with weapons

**C4**: tunggal (single): 3 minutes

**C5**: ganda (double): 3 minutes

Name of responsible person: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Signature:\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_